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I just woke from a dream where I was helping a soul pass. She was frightened and we talked... she agreed to go and I woke up. So strange....i hope she is no longer scared.

It was a woman and myself... the rest was black space. I was looking directly at her face but can't tell you a single feature other than her glasses were shattered. As you know in dreams...things don't always make sense but this is as I recall. She was very concerned because she needed to get to "the beach". I asked her why she was going to the beach and she replied that everyone was waiting for her there and she should go...but her glasses were shattered and she didn't know how'd she get there, scared she'd lose her way...and very worried about her glasses and eye sight, etc. I said we could duct tape her glasses temporarily until she got to the beach. We discussed what she would do to fix her glasses permanently once at the beach.---- This is when we stopped talking and the story continued but we were no longer "talking" to eat other... the rest was communication was unspoken. She wasn't going to "the beach" she was crossing over. It wasn't about broken glasses or damaged vision it was about feeling unprepared and damaged. I communicated that she only needed a temporary solution to her fears because once at the beach it wouldn't matter... her vision nor her glasses were needed there. Once she realized this she left... seemingly peacefully.... and I woke up.

....there are other "feelings" and "emotions" also that were there but I can't figure out how to describe them... very strange dream...very vivid.